



STATE OF NEW HAMPSHIRE
DEPARTMENT OF HEALTH AND HUMAN SERVICES
DIVISION FOR BEHAVIORAL HEALTH

Lori A. Weaver
Commissioner

Katja S. Fox
Director

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August 18, 2025

Her Excellency, Governor Kelly A. Ayotte
and the Honorable Council
State House
Concord, New Hampshire 03301

REQUESTED ACTION

Authorize the Department of Health and Human Services, Division for Behavioral Health, to enter into a **Sole Source** amendment to an existing contract with CADY, Inc. (VC# 171395), Plymouth, NH, for the continued administration of the Getting to Y (youth) substance misuse prevention program, by exercising a contract renewal option by increasing the price limitation by \$430,000 from \$550,000 to \$980,000 and extending the completion date from September 29, 2025 to June 30, 2026, effective September 30, 2025, upon Governor and Council approval. 100% Federal Funds.

The original contract was approved by Governor and Council on December 4, 2024, item #11.

Funds are available in the following account for State Fiscal Year 2026, with the authority to adjust budget line items within the price limitation through the Budget Office, if needed and justified.

05-95-92-920510-33800000 HEALTH AND SOCIAL SERVICES, DEPT OF HEALTH AND HUMAN SVS, HHS: BEHAVIORAL HEALTH DIV, BUREAU OF DRUG AND ALCOHOL, PREVENTION SVS, 100% FEDERAL FUNDS

State Fiscal Year	Class / Account	Class Title	Job Number	Current Budget	Increased (Decreased) Amount	Revised Budget
2025	074-500589	Grants for Pub Asst and Relief	92056507	\$412,500	\$0	\$412,500
			Subtotal	\$412,500	\$0	\$412,500

05-95-92-920510-316800000 HEALTH AND SOCIAL SERVICES, DEPT OF HEALTH AND HUMAN SVS, HHS: BEHAVIORAL HEALTH DIV, BUREAU OF DRUG AND ALCOHOL, SAPT BLOCK GRANT, 100% FEDERAL FUNDS

State Fiscal Year	Class / Account	Class Title	Job Number	Current Budget	Increased (Decreased) Amount	Revised Budget
2026	074-500589	Grants for Pub Asst and Relief	92056507	\$137,500	\$330,000	\$467,500
			<i>Subtotal</i>	<i>\$137,500</i>	<i>\$330,000</i>	<i>\$467,500</i>

05-95-90-904510-32240000 HEALTH AND SOCIAL SERVICES, DEPT OF HEALTH AND HUMAN SERVICES, HHS: DIVISION FOR PUBLIC HEALTH, BUREAU OF PREVENTION & WELLNESS, TOBACCO PREVENTION AND CESSATION, 100% FEDERAL FUNDS

State Fiscal Year	Class / Account	Class Title	Job Number	Current Budget	Increased (Decreased) Amount	Revised Budget
2026	102-500731	Contracts for Prog Svc	90018000	\$0	\$100,000	\$100,000
			<i>Subtotal</i>	<i>\$0</i>	<i>\$100,000</i>	<i>\$100,000</i>
			Total	\$550,000	\$430,000	\$980,000

EXPLANATION

This request is **Sole Source** because MOP 150 requires all amendments to agreements originally approved as sole source to be identified as sole source. The Contractor has successfully implemented the Getting to Y (youth) program in central New Hampshire and currently provides advisory and technical assistance to other regions exploring implementation. They have also established the necessary infrastructure and relationships to support statewide administration of the program during the current school year.

The purpose of this request is to exercise an available contract renewal option for the Contractor to continue to provide the Getting to Y substance misuse prevention program. This program engages middle and high school students to identify and address issues identified in their school and community using data from the Youth Risk Behavior Surveillance Survey (YRBS).

Approximately 10 teams of students from 50 schools will participate in the Getting to Y program, which is anticipated to serve 430 individuals through June 30, 2026.

The Contractor will continue to support youth development programs that promote personal responsibility, healthy decision-making, and strong community values among middle and high school students in participating schools. These initiatives will help students identify important health concerns, engage in respectful dialogue with peers and adults, and take constructive steps to improve health and wellness in their schools and communities. Through these efforts, students will strengthen their leadership and civic engagement skills, work alongside parents and trusted adults, and participate in research and community outreach. As part of this

process, students will review local Youth Risk Behavior Survey data during a regional training session facilitated by Getting to Y, with the goal of identifying two to three key priorities and developing clear, measurable goals to support positive change.

To date, the projects that students and school advisors have identified and implemented in their schools include vaping prevention education, murals celebrating school and community assets, and social media prevention campaigns. Currently 23 schools have been trained and the Contractor anticipates expanding Getting to Y to a total of 50 NH schools and communities statewide through June 30, 2026. The Contractor will also work with the Department to establish a process to award stipends to schools to develop and implement their own Getting to Y action plans.

The Department will continue to monitor services through monthly meetings with the Contractor and assessment and review of required quarterly reports to evaluate program effectiveness and ensure contract deliverables are achieved.

As referenced in Exhibit A, Revisions to Standard Agreement Provisions of the original agreement, the parties have the option to extend the agreement for up to three (3) additional years, contingent upon satisfactory delivery of services, available funding, agreement of the parties, and Governor and Council approval. The Department is exercising its option to renew services for nine (9) months of the three (3) years available.

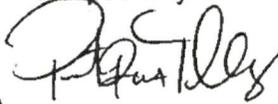
Should the Governor and Council not authorize this request, additional students may not have the opportunity to review and understand the data collected from the Youth Risk Behavior Surveillance Survey, which can reduce the level of substance misuse prevention education needed during critical developmental years, and take meaningful action to address issues identified in the survey and improve the health and wellness of their peers in middle and high school.

Area served: Statewide.

Source of Federal Funds: Assistance Listing Number (ALN) 93.959, FAIN B08T1088120; ALN 93.381, FAIN NU58DP006786

The Department has determined that the Contractor is in good standing with the Secretary of State's Office, has secured the required levels of insurance, and has provided evidence of authority to execute and be bound by the contract. Documents supporting these assertions are available at the agency, for review upon request. The Contractor is a non-profit organization, and the Department has also confirmed the Contractor is registered and in good standing with the Department of Justice's Charitable Division.

Respectfully submitted,


for Lori A. Weaver
Commissioner

**State of New Hampshire
Department of Health and Human Services
Amendment #1**

This Amendment to the Getting to Y contract is by and between the State of New Hampshire, Department of Health and Human Services ("State" or "Department") and CADY, Inc. ("the Contractor").

WHEREAS, pursuant to an agreement (the "Contract") approved by the Governor and Executive Council on December 4, 2024 (Item #11), the Contractor agreed to perform certain services based upon the terms and conditions specified in the Contract and in consideration of certain sums specified; and

WHEREAS, pursuant to Form P-37, General Provisions, the Contract may be amended upon written agreement of the parties and approval from the Governor and Executive Council; and

NOW THEREFORE, in consideration of the foregoing and the mutual covenants and conditions contained in the Contract and set forth herein, the parties hereto agree to amend as follows:

1. Form P-37 General Provisions, Block 1.7., Completion Date, to read:
June 30, 2026
2. Form P-37, General Provisions, Block 1.8., Price Limitation, to read:
\$980,000
3. Modify Exhibit A - Revisions to Standard Agreement Provisions, by adding Subsection 1.3., to read:
 - 1.3. Paragraph 6, Subparagraph 6.1., Compliance by Contractor with Laws and Regulations/Equal Employment Opportunity, is amended as follows:
 - 6.1 In connection with the performance of the Services, the Contractor shall comply with all applicable statutes, laws, regulations, and orders of federal, state, county or municipal authorities which impose any obligation or duty upon the Contractor, including, but not limited to, RSA 151:21 Patients' Bill of Rights, civil rights and equal employment opportunity laws, and the Governor's order on Respect and Civility in the Workplace, Executive Order 2020-01. In addition, if this Agreement is funded in any part by monies of the United States, the Contractor shall comply with all federal executive orders, rules, regulations and statutes, and with any rules, regulations and guidelines as the State or the United States issue to implement these regulations. The Contractor shall also comply with all applicable intellectual property laws.
4. Modify Exhibit B, Scope of Services, by adding Section 1.4.1.7., to read:
 - 1.4.1.7. A process to award stipends to participating schools, established in collaboration with the Department, to support the schools with developing and implementing their own GTY action plans, including, but not limited to:
 - 1.4.1.7.1. Acquiring needed resources.
 - 1.4.1.7.2. Organizing trainings and events.
5. Modify Exhibit C, Payment Terms; Section 1, to read:
 1. This agreement is funded by:
 - 1.1. 100% Federal funds:
 - 1.1.1. 89.80% from the Substance Abuse Mental Health Services Administration (SAMHSA), Substance Use Prevention, Treatment, and Recovery Services Block Grant, as awarded on:
 - 1.1.1.1. February 20, 2024, ALN 93.959, FAIN B08TI087053; and

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- 1.1.1.2. February 24, 2025, ALN 93.959, FAIN B08TI088120; and
- 1.1.2. 10.20% from the Centers for Disease Control and Prevention, National and State Tobacco Control Program, as awarded on:

- 1.1.2.1. TBD, ALN 93.381, FAIN NU58DP006786

- 6. Modify Exhibit C, Payment Terms; Section 3., to read:
 - 3. Payment shall be on a cost reimbursement basis for actual allowable expenditures incurred under this Agreement and shall be in accordance with the approved line items as specified in Exhibit C-1 Budget – Amendment #1.
- 7. Modify Exhibit C-1 Budget, by replacing it in its entirety with Exhibit C-1 Budget – Amendment #1, which is attached hereto and incorporated by reference herein.

All terms and conditions of the Contract not modified by this Amendment remain in full force and effect. This Amendment shall be effective September 30, 2025, upon Governor and Council approval.

IN WITNESS WHEREOF, the parties have set their hands as of the date written below,

State of New Hampshire
Department of Health and Human Services

8/18/2025

Date

Signed by:

2X0FEC7D61684E3
Name: Kaja Fox
Title: Director

CADY, Inc.

8/15/2025

Date

Signed by:

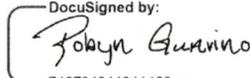
1E8C8506411AC4DC
Name: Debra Naro
Title: Executive Director

The preceding Amendment, having been reviewed by this office, is approved as to form, substance, and execution.

OFFICE OF THE ATTORNEY GENERAL

8/18/2025

Date

DocuSigned by:

748734844941400...
Name: Robyn Guarino
Title: Attorney

I hereby certify that the foregoing Amendment was approved by the Governor and Executive Council of the State of New Hampshire at the Meeting on: _____ (date of meeting)

OFFICE OF THE SECRETARY OF STATE

Date

Name:
Title:

Exhibit C-1 Budget - Amendment #1

New Hampshire Department of Health and Human Services			
Contractor Name:		CADY, Inc.	
Budget Request for:		Getting to Y	
Budget Period		December 4, 2024 through June 30, 2026	
Indirect Cost Rate (if applicable)		10%	
Line Item	Program Cost - Funded by DHHS (BDAS)	Program Cost - Funded by DHHS (BDAS)	Program Cost - Funded by DHHS (DPH)
1. Salary & Wages	\$48,433	\$65,000	\$0
2. Fringe Benefits	\$7,749	\$12,000	\$0
3. Consultants	\$84,375	\$193,000	\$0
4. Equipment - Indirect cost rate cannot be applied to equipment costs per 2 CFR 200.1 and Appendix IV to 2 CFR 200.	\$0	\$0	\$0
5.(a) Supplies - Educational	\$2,250	\$0	\$0
5.(b) Supplies - Lab	\$0	\$0	\$0
5.(c) Supplies - Pharmacy	\$0	\$0	\$0
5.(d) Supplies - Medical	\$0	\$0	\$0
5.(e) Supplies Office	\$6,369	\$10,000	\$0
6. Travel	\$8,324	\$10,000	\$0
7. Software	\$0	\$0	\$0
8. (a) Other - Marketing/ Communications	\$78,500	\$25,000	\$0
8. (b) Other - Education and Training	\$35,000	\$35,000	\$0
8. (c) Other - Other (specify below)	\$0	\$0	\$0
GTY Youth Scholarships	\$4,000	\$0	\$0
Other (Postage)	\$0	\$1,000	\$0
Other (Photocopying/Printing)	\$0	\$5,000	\$0
Other (Stipend for Trainings)	\$0	\$50,000	\$0
9. Subrecipient Contracts	\$100,000	\$19,500	\$0
Total Direct Costs	\$375,000	\$425,500	\$100,000
Total Indirect Costs	\$37,500	\$42,000	\$0
TOTAL	\$412,500	\$467,500	\$100,000
			\$980,000

SS-2025-DBH-16-GETTI-01-A01

Contractor Initials: Initial
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Date: 8/15/2025

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STATE OF NEW HAMPSHIRE
DEPARTMENT OF HEALTH AND HUMAN SERVICES
DIVISION FOR BEHAVIORAL HEALTH

Lori A. Weaver
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October 28, 2024

His Excellency, Governor Christopher T. Sununu
and the Honorable Council
State House
Concord, New Hampshire 03301

REQUESTED ACTION

Authorize the Department of Health and Human Services, Division for Behavioral Health, to enter into a **Sole Source** contract with CADY, Inc. (VC#171395), Plymouth, NH, in the amount of \$550,000 to administer the Getting to Y evidence-informed substance misuse prevention program, with the option to renew for up to three (3) additional years, effective upon Governor and Council approval through September 29, 2025. 100% Federal Funds.

Funds are available in the following accounts for State Fiscal Years 2025 and are anticipated to be available in State Fiscal Year 2026, upon the availability and continued appropriation of funds in the future operating budget, with the authority to adjust budget line items within the price limitation and encumbrances between state fiscal years through the Budget Office, if needed and justified.

05-95-92-920510-33800000 HEALTH AND SOCIAL SERVICES, DEPT OF HEALTH AND HUMAN SVS, HHS: BEHAVIORAL HEALTH DIV, BUREAU OF DRUG AND ALCOHOL, PREVENTION SVS

State Fiscal Year	Class / Account	Class Title	Job Number	Total Amount
2025	074-500589	GRANTS FOR PUB ASST AND REL	92056507	\$412,500
2026	074-500589	GRANTS FOR PUB ASST AND REL	92056507	\$137,500
			Subtotal	\$550,000

EXPLANATION

This request is **Sole Source** because there are no known viable alternatives as there are no other agencies within the state that administer the program or have the existing infrastructure and relationships necessary to immediately implement the program statewide during the current school year. The Contractor has successfully implemented the Getting to Y (youth) program in Central New Hampshire and currently serves as an advisor to other regions interested in program implementation.

His Excellency, Governor Christopher T. Sununu
and the Honorable Council
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The purpose of this request is to implement the Getting to Y evidence-informed substance misuse prevention program and empower middle and high-school students to take the lead and bring meaningful solutions to issues important to them and specific to their school and community based on Youth Risk Behavior Surveillance Survey data.

Approximately 10 student teams at 43 schools will participate in the Getting to Y program, serving an anticipated 430 individuals through September 29, 2025.

Getting to Y is a positive youth development initiative that empowers youth to identify what matters to them in their own health data, engages peers and adults in dialogue, and takes action to improve youth health and wellness. The Contractor will implement the Getting to Y program statewide in middle and high schools that choose to participate. Students will build leadership and civic engagement skills, and effect change in youth behavior in their community and school culture through youth leadership, partnerships with adults, participatory action research, and peer and community engagement. Parents and community members are encouraged and invited to participate in community conversations where youth present their region's YRBS data and share their priorities and action plans to improve health outcomes.

Students, together with their in-school advisors, examine their region's YRBS data at a Getting to Y-facilitated regional training. The over-arching goal is gaining insight into the health and wellness of students in their region. Through data analysis and discussions, they arrive at identifying two to three priorities that are translated into measurable goals and action items for positive change. Some of the projects students and school advisors have identified and implemented in their schools include vaping prevention education, murals to celebrate school and community assets, social media campaigns.

Currently there are six school and one community-based program operating in NH:

1. Kearsarge Regional High School
2. Kearsarge Regional Middle School
3. Merrimack Valley High School
4. Pinkerton Academy
5. Newfound Regional High School
6. Portsmouth High School
7. CADY-facilitated program with Plymouth Regional High School students

The contract seeks to expand Getting to Y to 43 NH schools and communities.

The Department will monitor services through monthly meetings and the review of quarterly reports to evaluate program effectiveness and ensure contract deliverables are provided as intended.

As referenced in Exhibit A, Revisions to Standard Agreement Provisions, of the attached agreement, the parties have the option to extend the agreement for up three (3) additional years, contingent upon satisfactory delivery of services, available funding, agreement of the parties and Governor and Council approval.

Should the Governor and Council not authorize this request students may not have the opportunity to review and understand their YRBS data. This would reduce the level of substance misuse prevention education needed during critical developmental years. Without this program students would miss the opportunity to make meaningful change in their schools and help their peers to thrive.

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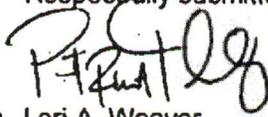
His Excellency, Governor Christopher T. Sununu
and the Honorable Council
Page 3 of 3

Area served: Statewide

Source of Federal Funds: Assistance Listing Number 93.959, FAIN B08TI087053.

In the event that the Federal Funds become no longer available, General Funds will not be requested to support this program.

Respectfully submitted,


Lori A. Weaver
Commissioner