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Frank Edelblut
Commissioner

Christine M. Brennan
Deputy Commissioner

STATE OF NEW HAMPSHIRE
DEPARTMENT OF EDUCATION
25 Hall Street, Suite 304
Concord, NH 03301

November 15, 2023

His Excellency, Governor Christopher T. Sununu
and the Honorable Council
State House
Concord, New Hampshire 03301

REQUESTED ACTION

Authorize the Department of Education, Office of COVID-19 Education Programs to hold three organized meetings at Brewster Academy, Wolfeboro, NH for a total conference cost not to exceed \$9,000 for the purpose of providing Communication workshops to enhance students' social, emotional, and academic success, effective upon Governor and Council approval through June 30, 2024. 100% Federal Funds.

Funds are available in the following account for Fiscal Year 2024 as follows:

06-56-56-562010-24990000 EANS II - ACT 2021

Fiscal Year	Class/Account	Class Title	Total Amount
2024	072-509073	Grants Federal	\$9,000

EXPLANATION

The Emergency Assistance to Non-Public Schools (EANS) portion of the American Rescue Plan Act, 2021, (ARP Act) guidance requires funding allocations to non-public schools. Eligible schools determine how to use these funds within the allowed parameters; it then becomes the responsibility of the State to secure those items or services on behalf of that school. By way of application, Brewster Academy was allocated funding to hold the requested workshops.

In this post-pandemic world, many students are living in a state of uncertainty, anxiety, and fear. These emotions can and have interrupted students' ability to engage in academics. To help reduce the negative impacts of the pandemic, and to help students re-engage in academics the New

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Hampshire Department of Education seeks approval to hold a series of meetings to provide services to Brewster Academy students addressing the social emotional impacts of the COVID-19 pandemic. Specifically, the three interactive student workshops will focus on understanding and development of critical skills to enhance the students' social, emotional, and academic success. The workshops titled, "The Essential Role of the Listener," "Understanding Impact vs. Intent," and "Finding Your Voice and Speaking Your Truth" will be designed to provide tools, tactics, and new approaches to navigating the critical social and emotional needs of this post-pandemic population of students. The objective of the workshop is enhanced social, emotional, and academic success of the students.

Respectfully submitted,



Frank Edelblut
Commissioner of Education

Estimated Cost:

Description	Factor	Rate	Amount
Design and Development	10 hours	\$350/hour	\$3,500
Facilitation	3 workshops	\$1,600/workshop	\$4,800
Oversight	2 hours	\$350/hour	\$700
Total			\$9,000.00

Draft Agendas

Workshop #1, Title: Communication: The Essential Role of the Listener

1. Overview of the material, Introductions
2. What are the 3 Levels of Listening?
 - a. Level 1: All About Me
 - b. Level 2: All About You
 - c. Level 3: Everything Else
3. Level 1
 - a. Activity: Noticing Interference (pairs)
 - b. Debrief:
 - i. What interfered?
 - ii. How did it feel to not be heard?
 - iii. What is the role of the listener?
 - c. Tools to manage interference.
 - d. Personal reflection time
4. Level 2
 - a. Activity: Full attention, but in silence (same pairs)
 - b. Debrief:
 - i. What was different?
 - ii. How did it feel to be the speaker?
 - iii. What is still missing?
 - c. Tools to stay present.
 - d. Personal reflection time
5. Level 3
 - a. Activity: Two-way dialogue (same pairs)
 - b. Debrief:
 - i. What was different?
 - ii. How did that feel as the speaker?
 - iii. Asking and acknowledging vs advocating
 - c. Tools: Inquiry
 - d. Personal reflection time
6. Wrap-up (Assign "Homework" Second Chances Conversation)

Workshop #2, Title: Communication: Understanding Impact vs. Intent

1. Overview of the material, Introductions
2. Introduce the Communication Model
 - a. Define Intent and Impact
 - b. Review Mehrabian's Model
 - c. Discuss barriers to communication.
 - d. Share examples
 - e. Role of "feedback" in communication cycle
3. Activity: Second Chances Conversation
4. Debrief:
 - a. Intent vs Impact?
 - b. Barriers?
 - c. What would you do differently?
5. Adding Empathy
 - a. Short video and discussion of empathy
 - b. Activity: Empathy and Listening (Pairs or small groups)
 - c. Debrief:
 - i. What feelings did you notice?
 - ii. How did that feel for the listener?
 - iii. What gets in the way of empathy?
 - d. Personal Reflection Time
6. Wrap-up

Workshop #3, Title: Communication: Finding Your Voice and Speaking Your Truth

1. Overview of the material, Introductions
2. Review the Communication Model, Focus on Sender
3. Speaking Your Truth Discussion:
 - a. What does it mean?
 - b. Barriers?
 - c. Role of trust and psychological safety (and distinction between)
 - d. What role does courage play?
4. Activity: Speaking Your Truth Cards (2 times, pairs)
5. Debrief:
 - a. Feedback for speaker/Feedback for receiver
 - b. How did that feel for the speaker?
 - c. What interfered? What worked?
 - d. What created safety?
6. Tools:
 - a. Handling disagreements and differing perspectives
 - b. Navigating difficult conversations
7. Wrap up and personal reflection time.