



New Hampshire  
COUNCIL ON DEVELOPMENTAL DISABILITIES

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August 24, 2022

His Excellency, Governor Christopher T. Sununu  
and the Honorable Council  
State House  
Concord, New Hampshire 03301

REQUESTED ACTION

Authorize the New Hampshire Council on Developmental Disabilities to enter into a **RETROACTIVE** agreement/MOU sponsorship with the University of New Hampshire, Institute on Disability (IOD), vendor #177867, 57 Old Regional Drive, Unit #8, Concord, NH 03301, in the amount of \$10,000.00, to provide an intensive leadership training program for people with disabilities and their families, from July 1, 2022 thru June 30, 2023, effective upon Governor and Council Approval. The source of funds is 100% federal.

Funds to support this request are available in the following account for State Fiscal Year 2023.

01-97-97-970010-71350000 – Developmental Disabilities Council	
	FY 2023
Class 20 – 500244, Current Expenses	\$10,000

EXPLANATION

This request is being made **RETROACTIVELY** due to delays in finalizing the MOU/agreement, as well as competing priorities for both organizations and necessary procedural clarifications, which further delayed the development of the MOU. However, steps have been taken to ensure that any future MOUs between the two organizations will be made and submitted in a timely manner for Governor & Council approval.

This request is to support the University of New Hampshire, Institute on Disability (IOD) to run intensive training sessions for parents of children with disabilities and adults with disabilities. These trainings will assist them in developing their knowledge and skills to improve the quality of life for themselves and/or their family members and to work with providers, families, state agencies, and communities to improve the effectiveness of developmental services and supports for all. These trainings will take place at a combination of virtual and hands-on locations in the State of New Hampshire.



New Hampshire

## COUNCIL ON DEVELOPMENTAL DISABILITIES

The program consists of eight hands-on training sessions and extensive homework assignments. Statewide and national organizations assist the IOD in providing training and resources on a wide range of topics such as goal setting and person-centered planning and best practices in education, employment, community living and integration, improving policy, and transition planning. Workshop participants are provided with financial assistance for the cost of overnights and meals required for their participation. The Council has collaboratively supported this training from the beginning. The result is that over 900 parents and people with disabilities have successfully completed the training and become more effective in improving their lives and the lives of other NH citizens with disabilities. The IOD, NH Leadership Series agrees to submit a detailed post-event reporting form to the council.

Councils on Developmental Disabilities were created by the federal Developmental Disabilities Act (DD Act) in 1970. The New Hampshire Council was established in 1971. Councils are located in every State and Territory and represent a Federal-State partnership to expand opportunities and improve the quality of life of people with developmental disabilities and their families. Councils are charged by Federal law to identify the most pressing needs of people with developmental disabilities in their State or Territory and to develop innovative and cost-effective strategies to meet those needs. Councils work to promote the independence and productivity of people with developmental disabilities and promote systems change that will eliminate obvious inequities in areas such as employment, education, and access to healthcare.

The geographic area served by this project is statewide. The source of funds is 100 % federal funds. In the event that federal funds become no longer available, general funds will not be used to support this contract.

Respectfully submitted,

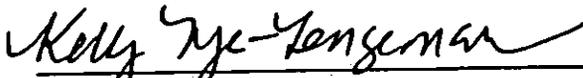
Isadora Rodriguez-Legendre  
Executive Director



**Memorandum of Understanding  
between the NH Council on Developmental Disabilities (NHCDD)  
and the NH Leadership Series  
July 1, 2022 – June 30, 2023**

The NH Council on Developmental Disabilities (NHCDD) agrees to support the NH Leadership Series through sponsorship in the amount of \$10,000 to assist with expenses that would enable individuals or family members of individuals with labels of intellectual disabilities to attend the NH Leadership Series. The series runs September 2022 through April 2023. Additionally, the NH Leadership Series commits to the following:

- The NHCDD will be represented throughout the series by providing a presentation about the mission, vision, and activities of the Council and ways for Leadership participants to get involved in Council activities.
- Creation of Leadership action groups will be informed by NHCDD policy priorities. Related groups will be encouraged to reach out to NHCDD to align efforts to enhance supports and services for individuals with disabilities and their families. NHCDD agrees to provide guidance to action groups through an informational meeting.
- The NH Leadership Series will recruit participants to apply to serve as Governor-appointed members of the NHCDD.
- The NH Leadership Series will infuse the NHCDD five-year plan priorities into the series curriculum.
- NH Leadership agrees to submit a post-project reporting form to the NHCDD in a timely manner.

  
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Kelly Nye-Lengerman, Ph.D., MSW  
Director, UNH Institute on Disability/ UCED

8/23/22

  
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Isadora Rodriguez-Legendre, MSW  
Executive Director, NH Council on Developmental Disabilities

8/23/22



University of  
New Hampshire

NH Leadership Series  
Institute on Disability/UCED

57 Regional Drive, Unit 8  
Concord, NH 03301

[www.iod.unh.edu/nh-leadership](http://www.iod.unh.edu/nh-leadership)

Date: 08-18-22

Re: Sponsorship Commitment Acknowledgement  
Memorandum of Understanding  
July 1, 2022 – June 30, 2023

Isadora Rodriguez-Legendre  
NHCDD Executive Director  
2 1/2 Beacon Street, Suite 10  
Concord, NH 03301

Dear Isadora:

Thank you for sponsoring the University of New Hampshire Institute on Disability Leadership Series. As you know, the NH Leadership Series has trained over 1,055 people statewide over the last 31 years. Participants are selected based on their application and leadership potential and do not pay to attend. Your organization's sponsorship will support the participation of individuals with intellectual disabilities or their family members to attend this nine-month training series. We look forward to NHCDD being represented throughout the series and collaborating with your organization. Enclosed please find details regarding this year's curriculum and schedule.

Sponsorship total: \$10,000

Thank you,

A handwritten signature in cursive script that reads "Sarah Sadowski".

Sarah Sadowski  
Project Director, NH Leadership Series  
(603) 228 2084 ext. 46

University of New Hampshire

## **Institute on Disability / UCED NH Leadership Series**

### **Background**

The 2021 – 2022 session of the NH Leadership Series is a nine-month, fourteen-session training series running from September 2021 to April 2022. The course is offered in a hybrid format, with the sessions from September until February offered virtually with a pivot to in-person instruction from March – April 2022. Participants attend virtual lectures and panel discussions and complete readings and assignments. Experiential learning, reflection, and applying key concepts happen through Action Groups and Home Groups. These small group settings allow participants to share ideas and take action on critical issues.

### **Learning Objectives**

#### **History**

- Introduce the concept of disability as a difference, not deficiency.
- Identify and address the fundamental, ingrained values that led to institutionalization.
- Learn about the history of the treatment of persons with disabilities in NH.
- Define LEADERSHIP vs advocacy.

#### **Creating a Vision**

- Challenge assumptions about possibilities for people with disabilities.
- Begin to formulate a personal vision based on new understanding.

#### **Community Organizing**

- Develop an understanding of “personal power” and its relationship to civic responsibility.
- Understand the significance of determining self-interest.
- Develop the ability to initiate 1:1 interviews.
- Learn the power of community organizing.

#### **Ideas Into Action**

- Understand the NH Legislative Process.
- Understand how to cut an issue
- Work in an action group to create a plan for your group project assignment (action group) and make substantial progress on implementing.
- Discover connections for future volunteer/work opportunities as you formulate your vision.

## Education

- Develop an understanding of the value of inclusive education and special education.
- Understand "the least dangerous assumption" and its applications.
- Learn how to develop/use meaningful instructional supports.

## Creating a Good Life

- Develop an understanding of existing systems of support.
- Use a personal vision to successfully use, navigate, and challenge those systems to obtain a Good Life.
- Identify how educational practices and positive behavioral supports can impact subsequent life experiences.

## The Legislative Process

- Understand the political process at the federal, state, and local levels.
- Learn how to be involved.
- Learn how to develop a public relationship with a legislator.

## Proposed Session Dates and Times for NH Leadership Series 2022-2023

Sessions (in-person sessions noted with asterisk and in bold)

Session	Date(s)	Time	Location
Meet & Greet*	Sept 9	10am - 1:00pm	*In-person: Concord
History part 1	Sept 23	9am-1:00pm	zoom
History part 2	Oct 14	9am-1:00pm	zoom
Vision part 1	Oct 28	9am-1:00pm	zoom
Vision part 2	Nov 4	9am-1:00pm	zoom
Community Organizing part 1	Nov 18	9am-1:00pm	zoom
Community Organizing part 2	Dec 9	9am-1:00pm	zoom
Turning Ideas to Action	Jan 6 2023	9am-1:00pm	zoom
Education part 1	Jan 20	9am-1:00pm	zoom
Education part 2	Feb 3	9am-1:00pm	zoom
A Good Life part 1	Feb 17	9am-1:00pm	zoom
A Good Life part 2	Mar 10	9am-1:00pm	zoom
Legislative Session*	Mar 24- Mar 25	12pm - 7pm Fri 8am - 4pm Sat	*In-Person: Concord, NH
Action Group Presentations and Graduation*	Apr 14- Apr 15	10am - 4pm Fri 8am - 4pm Sat	*In-Person: TBD
Leadership Reunion & Gala*	Jun 8, 2023 (tentative)		Manchester, NH

## **Learning from the Past, Part 2**

**"The road to hell is paved with good intentions."**

**October 14, 2022, 9:00 am to 1 pm**

### **Objectives**

1. Develop a sense of community within this year's Leadership participants.
2. Introduce the concept of disability as a difference, not deficiency.
3. Identify and address the fundamental, ingrained values that led to institutionalization.
4. Learn about the history of the treatment & education of persons with disabilities in NH.

9:00 Welcome and Be Here Now

9:05 Linking the past, progressing to present and a hopeful future.

9:40 Lost in Laconia movie

10:50 Break

11:00 Panel Discussion about the movie: Gordon Dubois, Rheal Laforest & Bill Stumpf

11:40 Home Groups

12:15 Notes and Future information regarding Action Groups

12:20 Credo for Support

12:25 Evaluations- please complete them before you leave, this is important for the future of Leadership. The link is in the chat.

12:30 Remember to send a family photo to Marcella- This is for the class collage.

## **Creating a Vision**

**"If you don't know where you are going, any road will take you there." Lewis Carroll**

**October 28, 9:00 am to 1 pm**

### **Objectives**

1. Continue to develop a sense of community within this year's Leadership participants and explore what Leadership means.
2. Challenge assumptions about possibilities for people with disabilities in community, special education, etc.
3. Begin to formulate a personal vision based on new understanding.

9:00 Be Here Now

9:05 Welcome from: Heidi Petzold, Partners in Health

9:15 My story & vision for assistive technology for all Therese Willkomm, PhD, ATP, Clinical Associate Professor

10:35 Break

10:45 Person Centered Planning - Kate Crary

11:15 Group Process- Sarah Sadowski, Director of Leadership

11:35 Choosing Action groups/5 topics will be chosen

12:00 Action groups meet

12:25 Evaluations- link in the chat

12:30 Remember to work on your relationship maps – info is in Canvas.